

15-Minute Table Runner





15-Minute Table Runner

by Stephanie Soebbing

15-Minute Table Runner with Yo Yos

Learn how to make a 15-Minute Table Runner with yo yo accents for a fast and easy decor project or gift.

One disclaimer, while this pattern is very commonly known as the 15-Minute Table Runner, it actually takes about 30 minutes to complete for an experienced sewist. If you add yo yos, and buttons, you can finish in about an hour.

Watch a FREE tutorial at academy.quiltaddictsanonymous.com/course/15-minute-table-runner/



Supplies

1. 9-inch by WOF strip for table runner center.
2. 18-inch by WOF strips for table runner sides and backing.
3. Two 4 1/2-inch squares for a large yo yo (optional)
4. Two to four decorative buttons (optional)

Assembly Instructions

This project is sewn with quarter-inch seam allowances.

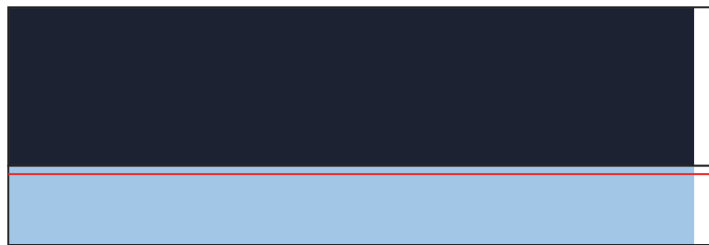


1. Arrange the 9-inch by WOF and 18-inch by WOF strips right sides together with the printed selvage edges even on the same side. Sew a quarter-inch seam along the WOF edge starting at the printed selvage edge. Press the seam open.



2. Arrange the WOF strips right sides together again, this time with the unsewn WOF sides even with each other. The printed selvage edges should also be even.

Sew a quarter-inch seam along the WOF edge starting at the printed selvage edge to create a tube. Press the seam open.



3. Arrange the seams on top of each other as shown above.



4. Trim the selvage edges off on each side to create a square edge.



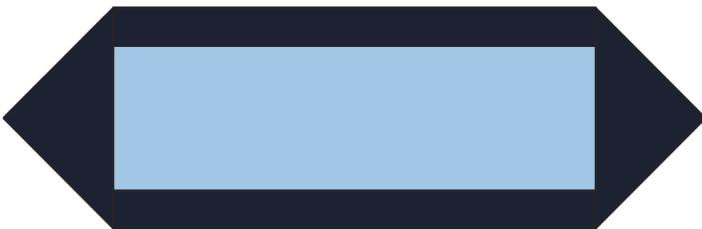
5. Pin the seams together. Sew one entire raw edge side together, backstitching at the beginning and the end of each seam.

For the second side, sew two inches along the raw edge within the table runner center fabric, backstitching at the beginning and end of the seam.

Leave an opening for turning and begin sewing again within the table runner sides and back fabric, backstitching at the beginning and end of the seam.



6. Clip the corners, then turn the fabric right sides out and press the seams flat. Whip stitch the opening closed.



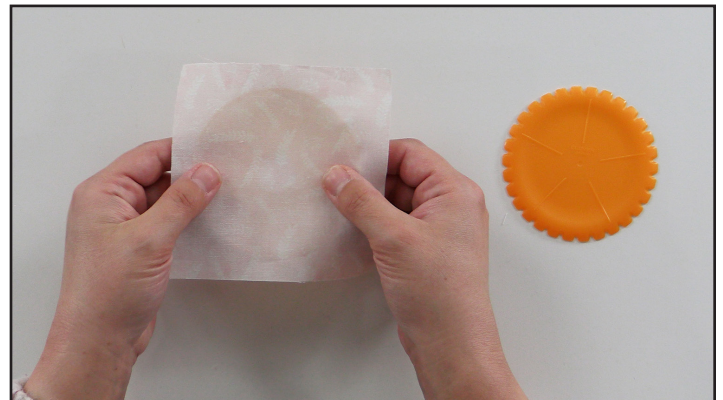
7. Turn the table runner to center the fabric. Push the corners out so the center fabric is underneath the side and backing fabric. Arrange the table runner so there are even amounts of side and backing fabric on the sides of the center fabric. Press in place.

8. Stitch down the side of the corners to secure them in place, or add a decorative button or yo yo combination following the optional instructions.



Creating Yo Yos

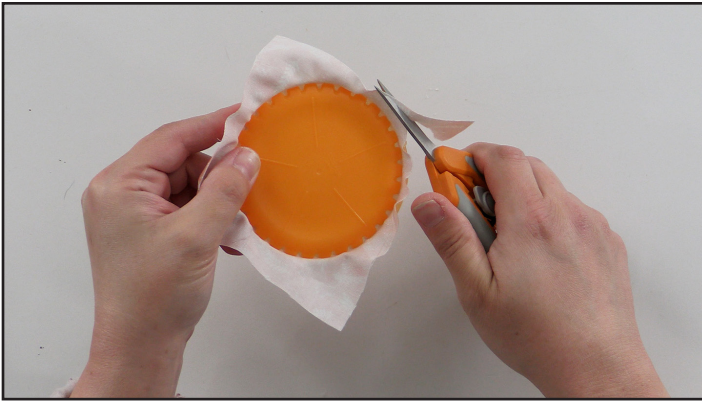
Yo-yos are a fun three-dimensional fabric accent you can add to your table runner. These instructions will walk you through using the Clover Quick Yo Yo Maker Round size large to create two yo-yos to add to your project.



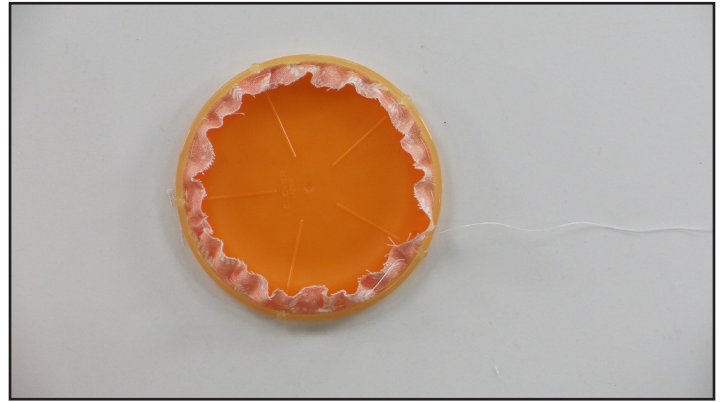
9. Place a 4 ½-inch fabric square right side down in the disc with a lipped edge.



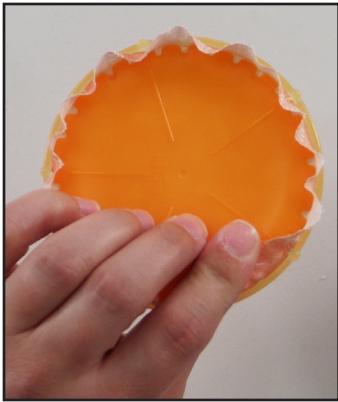
10. Place the serrated disc inside the lipped edge disc, making sure the serrated edges line up with the stitching guides on the other disc.



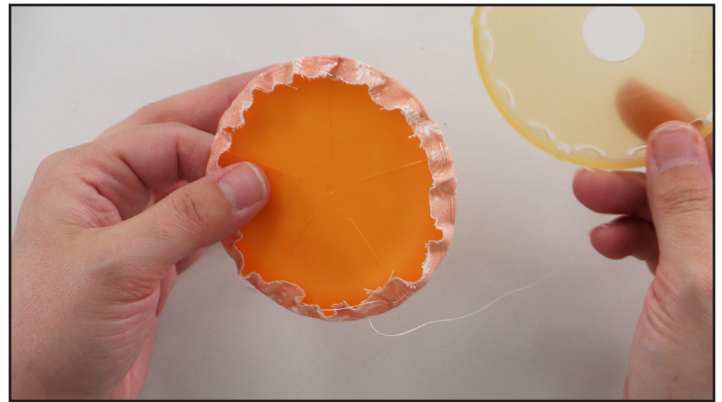
11. Trim the excess fabric to a $\frac{3}{8}$ -inch seam allowance.



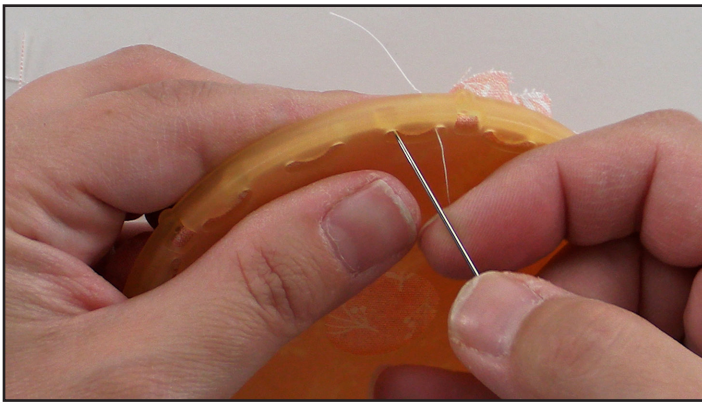
15. Stitch through the first stitch guide a second time. DO NOT knot your thread.



12. Fold the seam allowance back and place a needle through the serrated grooves to come out on the right side of one of the stitch guides.

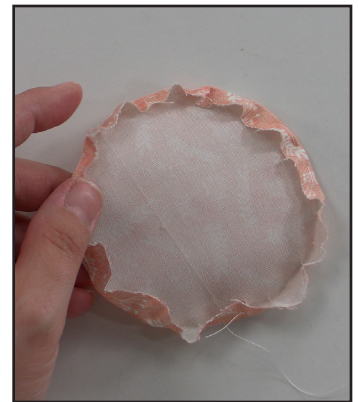


16. Remove the serrated disc from the lipped edge disc.

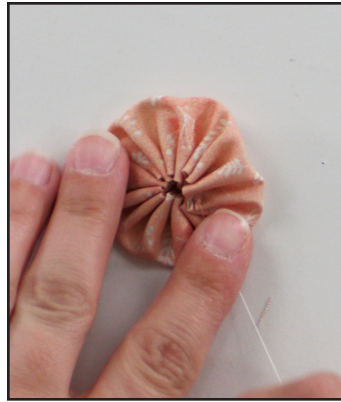
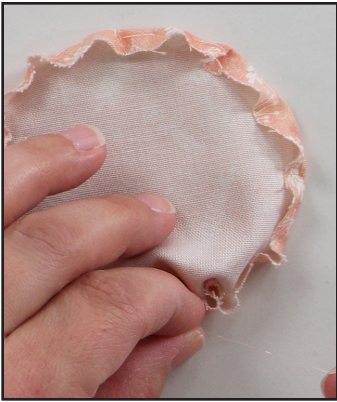


13. Place the needle through the left side of the stitch guide bringing the needle through to the back side of the yo-yo maker.

14. Repeat steps 12 and 13 working counterclockwise around the yo-yo maker until you have stitched through all of the stitch guides.



17. Carefully remove the serrated disc from inside the fabric.

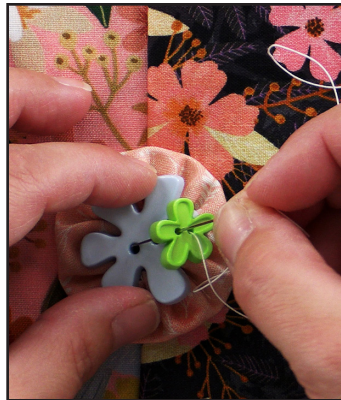


18. Carefully pull on the thread to gather the edges of the yo yo, making sure to turn the raw edges toward the center and underneath the fabric. Knot the thread close to the yo yo and bury the thread.

22. Enjoy the charming decorative element on your fast and easy table runner.



19. Place the yo yo with the gathered side up over the corner seam, centering it over the corner and center fabric.



20. Using button thread, sew through the center of the yo yo. Add one or two decorative buttons and stitch through the corner, center fabric and table runner back to secure all the layers together. Knot and bury your thread when you are done sewing on the buttons and yo yo.

21. Repeat on the other side of the table runner.



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Fabric shown is Bird Garden by Mia Charro for FreeSpirit Fabrics.