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Free Spirit

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## Learn. Make. Love.

# SIY Project



# Sew It Yourself

The following project was created with fabric that your local retailer may no longer have available. You can re-create these projects by replacing the fabrics shown using the fabric key as a guide for similar colorations or styles.

PROJECT DISCLAIMER: Every effort has been made to ensure that all projects are error free. All the information is presented in good faith, however no warranty can be given not results guaranteed as we have no control over the execution of instructions. Therefore, we assume no responsibility for the use of this information or damages that may occur as a result. When errors are brought to our attention, we make every effort to correct and post a revision as soon as possible. We recommend that you test the project prior to cutting for kits. Finally, all free projects are intended to remain free to you and are not for resale.

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## Fabric Necklace

Skill level – Beginner/Easy

By Amy Butler

<b>Technique:</b>	Crafts
<b>Brand:</b>	FreeSpirit Fabrics
<b>Crafting time:</b>	An Evening

### Size

36" long

### Materials

- 5 (14" X 14") pieces of coordinating light to mid-weight prints
- 18 (1") Styrofoam balls
- 1 spool of coordinating all-purpose thread

### Additional Requirements

- Sharp hand sewing needle
- Ruler
- Scissors
- Chalk pencil or pencil
- Straight pins
- Safety pin
- Iron and ironing board

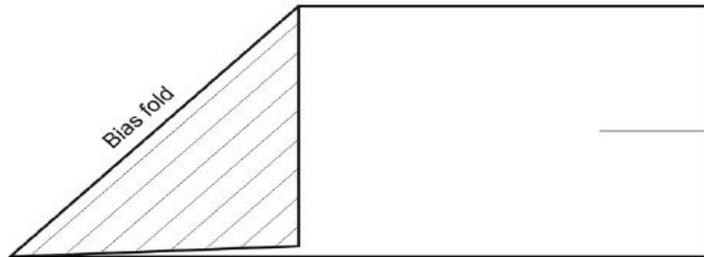
**General Instructions:**

**CUT OUT AND ATTACH THE BIAS STRIPS TOGETHER**

**From each of the 5 coordinating fabrics:**

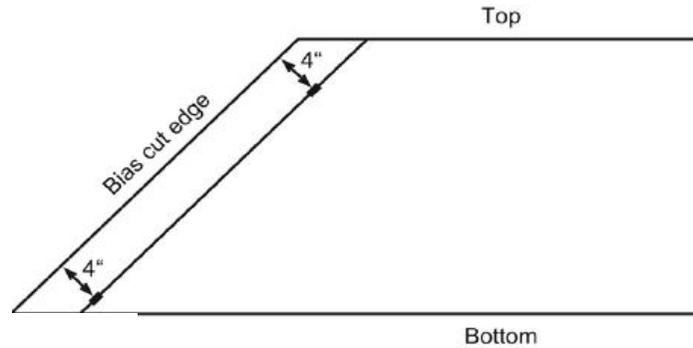
-Cut 1 bias strip from each of the prints – measuring 18 1/2" in length

A. Place the fabric on a flat surface with the RIGHT side up. Fold the fabric RIGHT sides together, matching the opposite corners and making a triangle shape. Press a crease on the fold. Then open the fabric and cut along the creased edge.



Fold the fabric to form a triangle.

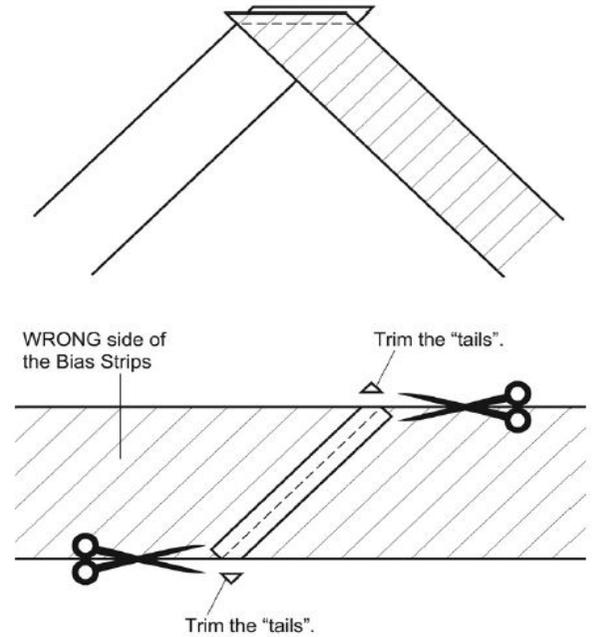
B. Starting on the RIGHT side at the cut bias edge, using a ruler and pencil, measure and mark 4" over at the top and bottom edge of the fabric. Match the 2 marks and draw a line connecting them. Cut along the marked line to create a bias strip.



RIGHT side of the fabric

C. Repeat Steps 1A and 1B to cut out 1 bias strip from each of the other 4 pieces of fabric.

D. Join the strips in a random pattern into one long piece. Lay the strips perpendicular to each other with the RIGHT sides together. Stitch across the diagonal edges of the strips with a 1/4" seam and press the seam allowances open. Trim any small "tails" of fabric at the seam of the bias strips. Repeat until you have joined all of the strips into one long bias strip, making a bias strip 90" long.



E. Cut off the slanted edges on each end of the attached bias strip by cutting straight across, squaring off the end.

### Step 2.

#### MAKE THE BIAS TUBE

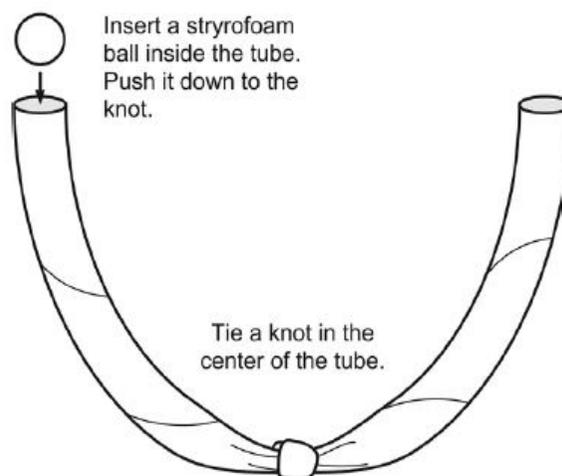
A. First fold one of the short ends of the bias strip 1/2" in toward the WRONG side and press. Then fold the bias strip in half lengthwise with the RIGHT side together matching the long edges and pin them together. Stitch a 1/2" seam along the pinned edge. Backstitch at each end.

B. Turn the bias strip RIGHT side out. Attach a safety pin to one end of the tube. Insert the pin into the tube and using it as a guide, push it through itself. Once turned RIGHT side out, press the tube flat.

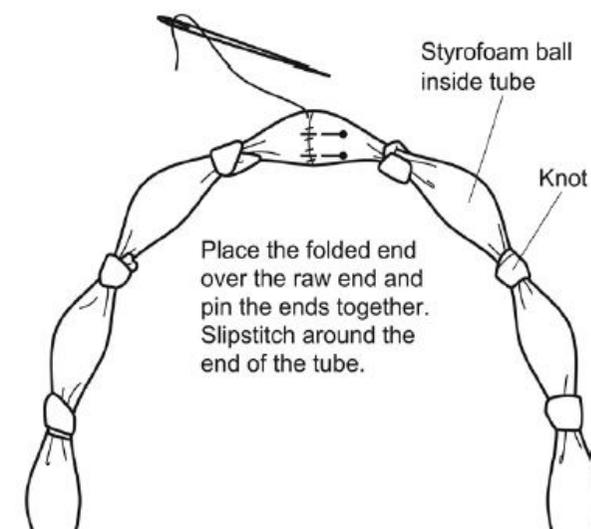
### Step 3.

#### MAKE THE FABRIC NECKLACE

A. Tie a knot at the center of the tube and pull it taut. Insert one of the Styrofoam balls inside the tube and push it down to the knot. Tie another knot on the other side of the ball. Continue to insert a ball and then tie a knot until you reach one end of the tube. Then repeat this process on the opposite side of the center knot (approximately 16-18 balls).



B. With a knot close to each end of the tube, insert the last Styrofoam ball inside the end of the tube that has not been turned under. Place the folded end of the tube over the raw end and pin it in place. Slipstitch around the tube to close the opening.



Nice Job! Your Fabric Necklace is complete! Enjoy!

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